



Dinner Menu

Entrées Served with miso soup with organic tofu & non-GMO miso . For **1.50**, add a garden salad with Sushi-Zen™ GF signature house dressing *
Substitute GF organic brown rice in entrées that include rice 1.95
(Please note California roll comes with roe)

Sushi Dinner Entrees

Chirashi*

Variety of fresh raw fish and vegetables served over sushi rice 28.50

Sushi & Sashimi Combo *

6 pc. sushi and California Roll with assorted sashimi 36.00

Sashimi *

Assortment of fresh raw fish with white rice 32.50

Moriwase *

9 pc. assorted nigiri sushi with 6 pc. California roll 25.00

Dinner Entrees

Teriyaki

Pan fried with Sushi-Zen™ house-made GF tamari teriyaki sauce with assortment of vegetables with rice
Salmon (GF) 23.00 Shrimp (GF) 19.95
Rib Eye Beef (GF) 25.00 Chicken (GF) 18.95

Tempura

Lightly coated in tempura batter & deep fried until crisp in heart friendly rice bran oil with rice
Shrimp only 20.95
Shrimp and assortment of vegetables 19.95
Vegetable assortment 17.50

Dinner Entrees

Unaju

Broiled fresh water eel with sauce over bowl of rice 25.00

Chicken Katsu

Breaded chicken fried to a crisp texture served with Tonkatsu sauce & thinly sliced raw cabbage with rice 20.00

Chicken Katsu-Don

Deep fried breaded chicken with onion, special sauce and egg over rice 20.50

Udon

Served with garden salad
Hot thick noodle soup w/ fish cake, seaweed & scallions 13.50
Add shrimp and vegetable tempura 4.95

Kids Menu (Age 11 and under)

Available during lunch & dinner. Kids meals include miso soup.
For **1.50**, add a garden salad.
Substitute GF organic brown rice: — \$1.00 for roll meals
1.50 for chicken teriyaki

Sushi Roll

Choice of cucumber & avocado or California (no roe) Roll
1 Roll: \$7.50 2 Rolls: \$10.95

Yakatori (GF)

Two chicken & scallion yakatori skewers 8.95

Gyoza

Five piece pan-fried chicken dumplings 8.95

Shrimp Shumai

Five piece steamed shrimp dumplings 8.95

Chicken Teriyaki (GF)

Pan friend chicken with Sushi-Zen 12.95
house made gluten free tamari teriyaki sauce
Served with white rice & mixed vegetables



SUSHI-ZEN™

2457 North Harrison Street
Arlington, VA 22207
703-534-6000

CARRY OUT MENU

Lunch Hours: Thursday to Saturday
11:30am-2:30pm

Dinner Hours: Everyday
4:30-8:30pm

Order Online at:
www.sushizen.com

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Appetizers

- Sashimi** –6 pc. Salmon **GF** 14.00 **Edamame**- boiled soybeans with a dash of kosher salt (**GF**) 6.50
Assorted fresh raw fish **GF** 14.95
- Tempura**-shrimp only 10.50 **Seaweed salad** with marinated dressing 6.95
- Tempura**-shrimp & veggies 9.95 **Yakitori**– 2 pc skewers of chicken cubes & scallions (**GF**) 7.95
- Tempura**-assorted veggies 8.50 **Age-Tofu**-Deep fried organic tofu served with special sauce, bonito flakes, ginger & scallions 8.95
- Gyoza**– 6pc fried chicken dumplings 7.50
- Shrimp shumai**- 6 pc steamed dumplings 7.50

Salads, Soup & Sides

- Sushi-Zen™ Salad** ~ Fresh garden lettuce, spring mix, tomatoes, cucumbers, onions, asparagus, avocado and organic tofu with Sushi-Zen™ **GF** signature house dressing * 13.50
- Garden Tossed Salad** ~ Fresh garden lettuce, assorted greens, tomatoes, cucumbers, shredded purple cabbage and carrots with Sushi-Zen™ **GF** signature house dressing * 4.95
- Miso Soup** ~ Organic tofu, non-GMO miso, seaweed, scallion **GF** 3.50
- Premium White Rice** **GF** 2.95 **Sushi Rice** **GF** 2.95
- Organic Brown Rice** **GF** 3.50
- Miso Soup and Salad** **GF** 6.50

Beverages

Ramune Japanese Lemon Lime or Strawberry Sparkling Drink 3.50

PLEASE ALERT OUR STAFF ABOUT ANY FOOD ALLERGIES

(menu items made in facility that uses wheat, soy, sesame, eggs, dairy and seafood)

* “Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness”

Lunch Menu

Entrees and Bentos served with **GF** miso soup with organic tofu & non-GMO miso. For **1.50**, add a garden salad with *Sushi-Zen™* **GF** signature house dressing *
Substitute **GF** organic brown rice in entrées that include rice 1.95
(Please note California roll comes with roe)

Lunch Sushi Entrees

- Maki Roll Combo***
Three rolls (6pc each) - California, Tuna and Salmon 18.50
- Spicy Roll Combo***
Three rolls (6pc each) - Spicy California, Spicy Tuna and Spicy Salmon 18.95
- Vegetarian Roll Combo**
Three rolls (6pc each) - Sweet potato, Cucumber and Avocado 13.95
- Lunch Moriwase**
7 pc. chef choice nigiri sushi & 6 pc. California roll 18.95
- Chirashi***
Variety of fresh raw fish and vegetables served over sushi rice 19.95

Sashimi *

Assortment of fresh raw fish with white rice 20.95

See the ala carte sushi and platters menus for additional offerings.

Gluten Free =GF

Tamari Gluten Free Soy Sauce available upon request

Sushi-Zen is committed to offering delicious, healthy Japanese food. Our chicken is all natural and free of antibiotics and hormones. We use heart friendly rice bran oil for our tempura.

Prices subject to change without notice

Lunch Entrees



Teriyaki

Pan fried with *Sushi-Zen™* house-made **GF** teriyaki sauce with assortment of vegetables with rice
Chicken **GF** 13.50 Salmon **GF** 16.00 Shrimp **GF** 14.50

Tempura

Lightly coated in tempura batter & deep fried until crisp in heart friendly rice bran oil with rice
Shrimp only 13.95
Shrimp and assortment of vegetables 12.95
Vegetable assortment 10.95

Udon

Served with **GF** garden salad
Hot thick noodle soup w/ fish cake, seaweed & scallions 11.95
Add shrimp and vegetable tempura 4.95

Bento (Lunch Box)

Sushi Special Combo* 17.95

3 pc. each of nigiri sushi, sashimi, and 6 pc. California roll with vegetables

Sashimi Bento Box Combo A* 18.50

6 pc. sashimi with vegetables, rice, and choice of:
(a) shrimp and vegetable tempura
(b) chicken teriyaki **GF** (c) salmon teriyaki **GF** + 2.50

Sushi Bento Box Combo B* 16.95

3 pc. Nigiri sushi and 6 pc. California roll with rice, vegetables and choice of:
(a) shrimp and vegetable tempura
(b) chicken teriyaki **GF**
(c) salmon teriyaki **GF** + 2.50

Special Bento Box Combo C 15.50

Shrimp and vegetable tempura with rice, vegetables, and choice of:
(a) chicken teriyaki **GF**
(b) salmon teriyaki **GF** + 2.50