



## Dinner Menu

Entrées Served with choice of miso soup with organic tofu & non-GMO miso **OR** add 1.50 for garden salad with Sushi-Zen™ GF signature house dressing \*  
Add GF organic brown rice with entrée 1.95

### Sushi

#### Chirashi\*

Variety of fresh raw fish and vegetables served over sushi rice 27.00

#### Sushi & Sashimi Combo \*

6 pieces sushi and California Roll with assorted sashimi 34.00

#### Sashimi \*

Assortment of fresh raw fish w/rice 31.00

#### Moriwase \*

Nine pieces assorted nigiri sushi w/ California roll 24.00

### Dinner Entrees

#### Teriyaki

Pan fried with Sushi-Zen™ house-made GF tamari teriyaki sauce with assortment of vegetables w/rice

Salmon (GF) 22.00 Shrimp (GF) 19.95

Rib Eye Beef (GF) 25.00 Chicken (GF) 18.95

#### Tempura

Lightly coated in tempura batter & deep fried until crisp in heart friendly rice bran oil w/rice

Shrimp only 19.95

Shrimp and assortment of vegetables 18.95

Vegetable assortment 16.95

### Dinner Entrees

#### Unaju

Broiled fresh water eel with sauce over bowl of rice 24.00

#### Chicken Katsu

Breaded chicken fried to a crisp texture served with Tonkatsu sauce and thinly sliced raw cabbage w/rice 18.50

#### Chicken Katsu-Don

Deep fried breaded chicken with onion, special sauce and egg over rice 18.95

#### Udon

Served with garden salad

Hot thick noodle soup w/ fish cake, seaweed & scallions 13.95

*See the a la carte sushi menu and dine-in menu for additional offerings.*

*Sushi-Zen is committed to offering delicious, healthy Japanese food. Our chicken is all natural and free of antibiotics and hormones. We use "heart friendly" rice bran oil for our tempura.*

**PLEASE ALERT OUR STAFF ABOUT ANY FOOD ALLERGIES**  
(menu items made in facility that uses wheat, soy, sesame, eggs, dairy and seafood)

**Gluten Free (GF) Tamari Soy Sauce and Gluten Free Teriyaki Sauce available**

\* "Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness"

Prices subject to change without notice



# SUSHI-ZEN™

2457 North Harrison Street  
Arlington, VA 22207  
703-534-6000

### CARRY OUT MENU

Day	Lunch	Dinner
Sun		5:00 - 9:30
Mon - Thu	11:30 - 2:30	5:00 - 9:30
Fri - Sat	11:30 - 2:30	5:00 - 10:00

Catering Available

OPEN 7 DAYS A WEEK

For Complete Menu -

Visit Our Website at: [www.sushizen.com](http://www.sushizen.com)  
Like us on Facebook.com/sushizenVA



## Appetizers

Sashimi –6 pc assorted fresh raw fish 13.95	• Salmon 12.50	Edamame- boiled soybeans with a dash of kosher salt (GF) 5.50
Tempura-shrimp only 9.50		Seaweed salad with marinated dressing 6.50
Tempura-shrimp & veggies 8.95		Sake Musubi– Two rice balls w/ baked salmon in center 5.95
Tempura-assorted veggies 7.50		Age-Tofu-Deep fried organic tofu served with special sauce, bonito flakes, ginger & scallions 7.95
Gyoza– 6pc fried chicken dumplings 6.95		
Shrimp shumai- 6 pc steamed dumplings 6.95		Yakitori– 2 pc skewers of chicken cubes & scallions (GF) 6.95

## Salads, Soup & Sides

**Sushi-Zen™ Salad** ~ Fresh garden lettuce, spring mix, tomatoes, cucumbers, onions, asparagus, avocado and organic tofu with Sushi-Zen™ GF signature house dressing \* 13.50

**Garden Tossed Salad** ~ Fresh garden lettuce, assorted greens, tomatoes, cucumbers, shredded purple cabbage and carrots with Sushi-Zen™ GF signature house dressing \* 4.95

**Miso Soup** ~ Organic tofu, non-GMO miso, seaweed, scallion GF 3.50

**Premium White Rice** GF 2.95    **Organic Brown Rice** GF 3.50

**Miso Soup and Salad** 6.50

## Beverages

Ramune Japanese Lemon Lime & Strawberry Sparkling Drink 3.50

Antioxidant rich sparkling beverage —Sugar & Caffeine Free —  
Green Tea Peach & Pomegranate Acai 3.50 (More– Drinks see menu)

Organic Lemonade — Organic Apple Juice 3.50

See Dine-in Beverage Menu for Japanese Beer & Cold Sake Choices

## Lunch Menu

Entrees Served with choice of GF miso soup with organic tofu & non-GMO miso **OR** add 1.50 for garden salad with Sushi-Zen™ GF signature house dressing \*  
**Add GF organic brown rice with entrée 1.95**

## Sushi

### Lunch Moriwase

Seven pieces chef choice nigiri sushi w/ California roll 18.50

### Roll Combo\*

Three rolls - California, Tuna and Salmon 17.50

### Spicy Roll Combo\*

Three rolls - Spicy California, Spicy Tuna and Spicy Salmon 17.95

### Vegetarian Roll Combo

Three rolls - Sweet potato, Cucumber and Avocado 12.95

### Chirashi\*

Variety of fresh raw fish and vegetables served over sushi rice 19.50

### Sashimi \*

Assortment of fresh raw fish w/rice 19.95

GF = Gluten Free

*See the a la carte sushi menu and dine-in menu for additional offerings.*

*Sushi-Zen is committed to offering delicious, healthy Japanese food. Our chicken is all natural and free of antibiotics and hormones.*

Prices subject to change without notice

## Lunch Entrees

### Teriyaki

*Pan fried with Sushi-Zen™ house-made GF teriyaki sauce with assortment of vegetables w/rice*

Chicken GF 12.95    Salmon GF 14.50    Shrimp GF 13.50

### Tempura

*Lightly coated in tempura batter & deep fried until crisp in heart friendly rice bran oil w/rice*

Shrimp only 13.95

Shrimp and assortment of vegetables 12.50

Vegetable assortment 10.50

### Udon

*Served with GF garden salad*

Hot thick noodle soup w/ fish cake, seaweed & scallions 11.50

## Bento (Lunch Box)

### Sushi Special Combo 17.95

Three pieces each of nigiri sushi, sashimi, and California, tuna and salmon rolls with vegetables

### Sashimi Bento Box Combo A\* 16.95

Sashimi with vegetables, rice and choice of:

(a) shrimp and veggie tempura

(b) chicken teriyaki GF (c) salmon teriyaki GF + 2.50

### Sushi Bento Box Combo B\* 15.95

Nigiri sushi with vegetables and choice of:

(a) chicken teriyaki GF

(b) shrimp and vegetable tempura

(c) salmon teriyaki GF + 2.50

### Special Bento Box Combo C 14.95

Shrimp and vegetable tempura w/rice and choice of:

(a) chicken teriyaki GF

(b) salmon teriyaki GF + 2.50

### Vegetarian Bento Box D 12.95