



# Dinner Menu

Entrées Served with choice of miso soup with organic tofu & non-GMO miso **OR** garden salad with Sushi-Zen™ GF signature house dressing \*  
Add GF organic brown rice with entrée 1.95

## Sushi

### Chirashi\*

Variety of fresh raw fish and vegetables served over sushi rice 27.00

### Sushi & Sashimi Combo \*

6 pieces sushi and California Roll with assorted sashimi 33.00

### Sashimi \*

Assortment of fresh raw fish w/rice 30.00

### Moriwase \*

Nine pieces assorted nigiri sushi w/ California roll 24.00

## Dinner Entrees

### Teriyaki

Pan fried with Sushi-Zen™ house-made GF tamari teriyaki sauce with assortment of vegetables w/rice

Salmon (GF) 21.00 Shrimp (GF) 19.95

Rib Eye Beef (GF) 25.00 Chicken (GF) 18.95

### Tempura

Lightly coated in tempura batter & deep fried until crisp in heart friendly rice bran oil w/rice

Shrimp only 19.95

Shrimp and assortment of vegetables 18.95

Vegetable assortment 16.95

## Dinner Entrees

### Unaju

Broiled fresh water eel with sauce over bowl of rice 23.00

### Chicken Katsu

Breaded chicken fried to a crisp texture served with Tonkatsu sauce and thinly sliced raw cabbage w/rice 18.50

### Chicken Katsu-Don

Deep fried breaded chicken with onion, special sauce and egg over rice 18.95

### Udon

Served with garden salad

Hot thick noodle soup w/ fish cake, seaweed & scallions 12.95  
Add shrimp and vegetable tempura 4.95

See the a la carte sushi menu and dine-in menu for additional offerings.

Sushi-Zen is committed to offering delicious, healthy Japanese food. Our chicken is all natural and free of antibiotics and hormones. We use “heart friendly” rice bran oil for our tempura.

**PLEASE ALERT OUR STAFF ABOUT ANY FOOD ALLERGIES**  
(menu items made in facility that uses wheat, soy, sesame, eggs, dairy and seafood)

**Gluten Free (GF) Tamari Soy Sauce and Gluten Free Teriyaki Sauce available**

\* “Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness”

Prices subject to change without notice



# SUSHI-ZEN™

2457 North Harrison Street  
Arlington, VA 22207  
703-534-6000

## CARRY OUT MENU

Day	Lunch	Dinner
Sun		5:00 - 9:30
Mon - Thu	11:30 - 2:30	5:00 - 9:30
Fri - Sat	11:30 - 2:30	5:00 - 10:00

Catering Available

OPEN 7 DAYS A WEEK

For Complete Menu -

Visit Our Website at: [www.sushizen.com](http://www.sushizen.com)  
Like us on Facebook.com/sushizenVA



## Appetizers

Sashimi –6 pc assorted fresh raw fish 13.50	• Salmon 12.50	Edamame- boiled soybeans with a dash of kosher salt (GF) 5.50
Tempura-shrimp only 9.50		Seaweed salad with marinated dressing 6.50
Tempura-shrimp & veggies 8.95		Sake Musubi– Two rice balls w/ baked salmon in center 5.95
Tempura-assorted veggies 7.50		Age-Tofu-Deep fried organic tofu served with special sauce, bonito flakes, ginger & scallions 7.50
Gyoza– 6pc fried chicken dumplings 6.95		
Shrimp shumai- 6 pc steamed dumplings 6.95		Yakitori– 2 pc skewers of chicken cubes & scallions (GF) 6.95

## Salads, Soup & Sides

**Sushi-Zen™ Salad** ~ Fresh garden lettuce, spring mix, tomatoes, cucumbers, onions, asparagus, avocado and organic tofu with Sushi-Zen™ GF signature house dressing \* 12.50

**Garden Tossed Salad** ~ Fresh garden lettuce, spring mix, tomatoes, cucumbers, shredded purple cabbage and carrots with Sushi-Zen™ GF signature house dressing \* 4.50

**Miso Soup** ~ Organic tofu, non-GMO miso, seaweed, scallion GF 2.95

**Premium White Rice** GF 2.95    **Organic Brown Rice** GF 3.50

## Beverages

Ramune Japanese Lemon Lime & Strawberry Sparkling Drink 3.50

Antioxidant rich sparkling beverage —Sugar & Caffeine Free —  
Green Tea Peach & Pomegranate Acai 3.50 (More– Drinks see menu)

Organic Lemonade—Organic Apple Juice 3.50

See Dine-in Beverage Menu for Japanese Beer & Cold Sake Choices

## Lunch Menu

Entrees Served with choice of GF miso soup with organic tofu & non-GMO miso **OR** garden salad with Sushi-Zen™ GF signature house dressing \*  
**Add GF organic brown rice with entrée 1.95**

## Sushi

### Lunch Moriwase

Seven pieces chef choice nigiri sushi w/ California roll 17.50

### Roll Combo\*

Three rolls - California, Tuna and Salmon 16.50

### Spicy Roll Combo\*

Three rolls - Spicy California, Spicy Tuna and Spicy Salmon 16.95

### Vegetarian Roll Combo

Three rolls - Sweet potato, Cucumber and Avocado 12.95

### Chirashi\*

Variety of fresh raw fish and vegetables served over sushi rice 18.95

### Sashimi \*

Assortment of fresh raw fish w/rice 19.50

GF = Gluten Free

*See the a la carte sushi menu and dine-in menu for additional offerings.*

*Sushi-Zen is committed to offering delicious, healthy Japanese food. Our chicken is all natural and free of antibiotics and hormones.*

Prices subject to change without notice

## Lunch Entrees

### Teriyaki

*Pan fried with Sushi-Zen™ house-made GF teriyaki sauce with assortment of vegetables w/rice*

Chicken GF 11.95    Salmon GF 13.50    Shrimp GF 12.95

### Tempura

*Lightly coated in tempura batter & deep fried until crisp in heart friendly rice bran oil w/rice*

Shrimp only 13.50

Shrimp and assortment of vegetables 11.95

Vegetable assortment 9.95

### Udon

*Served with GF garden salad*

Hot thick noodle soup w/ fish cake, seaweed & scallions 10.50

Add shrimp and vegetable tempura 4.95

## Bento (Lunch Box)

### Sushi Special Combo 17.50

Three pieces each of nigiri sushi, sashimi, and California, tuna and salmon rolls with vegetables

### Sashimi Bento Box Combo A\* 16.50

Sashimi with vegetables, rice and choice of:

(a) shrimp and veggie tempura

(b) chicken teriyaki GF (c) salmon teriyaki GF + 2.00

### Sushi Bento Box Combo B\* 15.50

Nigiri sushi with vegetables and choice of:

(a) chicken teriyaki GF

(b) shrimp and vegetable tempura

(c) salmon teriyaki GF + 2.00

### Special Bento Box Combo C 14.50

Shrimp and vegetable tempura w/rice and choice of:

(a) chicken teriyaki GF

(b) salmon teriyaki GF + 2.00

### Vegetarian Bento Box D 12.95